

New Patient Information

CONTACT INFORMATION	
CLIENT NAME	DATE
STREET ADDRESS	CITY, STATE, ZIP
PHONE <input type="checkbox"/> OK TO LEAVE MESSAGE <input type="checkbox"/> YES <input type="checkbox"/> NO	EMAIL ADDRESS <input type="checkbox"/> OK TO SEND MESSAGE <input type="checkbox"/> YES <input type="checkbox"/> NO
EMPLOYER/OCCUPATION	WORK PHONE <input type="checkbox"/> OK TO LEAVE MESSAGE <input type="checkbox"/> YES <input type="checkbox"/> NO
EMERGENCY CONTACT NAME	EMERGENCY CONTACT RELATIONSHIP
EMERGENCY CONTACT PHONE	MARITAL STATUS
PRONOUNS <input type="checkbox"/> He/Him <input type="checkbox"/> She/Her <input type="checkbox"/> They/Them <input type="checkbox"/> Other:	DATE OF BIRTH
GENDER IDENTITY (CHECK ALL THAT APPLY) <input type="checkbox"/> Male <input type="checkbox"/> Transgender Male/Transman/FTM <input type="checkbox"/> Female <input type="checkbox"/> Transgender Female/Transwoman/MTF <input type="checkbox"/> Gender Queer/Gender Nonconforming <input type="checkbox"/> Other: <input type="checkbox"/> Decline to Answer	SEXUAL ORIENTATION (CHECK ALL THAT APPLY) <input type="checkbox"/> Straight <input type="checkbox"/> Lesbian or Gay <input type="checkbox"/> Bisexual <input type="checkbox"/> Queer, Pansexual, and/or Questioning <input type="checkbox"/> Don't Know <input type="checkbox"/> Other: <input type="checkbox"/> Decline to Answer

LIVING SITUATION (PLEASE IDENTIFY THOSE LIVING IN YOUR HOUSEHOLD CURRENTLY)		
NAME	AGE	RELATIONSHIP
1		
2		
3		
4		

MEDICAL BACKGROUND

PRIMARY CARE DOCTOR (PCP)	DATE OF LAST PHYSICAL EXAM

OTHER DOCTORS/SPECIALISTS NAME	SPECIALTY
1	
2	
3	

PREVIOUS OR REFERRING DOCTOR	HOW DID YOU HEAR ABOUT THIS PRACTICE?

ARE YOU CURRENTLY BEING TREATED FOR ANY MEDICAL CONDITIONS? (IF YES, PLEASE DESCRIBE)

No Yes:

ARE YOU CURRENTLY TAKING ANY PRESCRIPTION MEDICATION? (IF YES, PLEASE DESCRIBE)

No Yes:

HAVE YOU EXPERIENCED ANY OF THE FOLLOWING? (IF YES, PLEASE DESCRIBE)

Chronic Pain Condition(s):

Difficulty Maintaining a Healthy Weight:

Head Injury/TBI:

Seizure Disorder:

Childhood Development Issues:

Childhood Learning Problems:

PSYCHIATRIC HISTORY

HAVE YOU EVER SEEN A PROVIDER PSYCHIATRIST, THERAPIST, COUNSELOR, PSYCHIATRIC NURSE PRACTITIONER OR SOCIAL WORKER PREVIOUSLY?

No Yes (If yes, please list the name of provider and the dates of treatment)

NAME OF PROVIDER	DATES OF TREATMENT (FOR EXAMPLE, MAY 2020–MAY 2021)
1	
2	
3	

HAVE YOU EVER BEEN GIVEN A MENTAL HEALTH DIAGNOSIS IN THE PAST FROM A MENTAL HEALTH PROFESSIONAL? (IF YES, PLEASE DESCRIBE)

No Yes

HAVE YOU EVER BEEN PRESCRIBED PSYCHOTROPIC (ANTIDEPRESSANTS, ANTI-ANXIETY, SLEEP AIDS) MEDICATIONS IN THE PAST?

No Yes (If yes, please describe)

ARE YOU CURRENTLY TAKING ANY PRESCRIPTION MEDICATION? (IF YES, PLEASE DESCRIBE)

No Yes:

	MEDICATION NAME	DATES PRESCRIBED	DID YOU FIND IT HELPFUL
1			
2			
3			

HAVE YOU EVER BEEN HOSPITALIZED FOR PSYCHIATRIC REASONS? (IF YES, PLEASE DESCRIBE)

No Yes:

HAVE YOU EVER ATTENDED A PARTIAL HOSPITALIZATION PROGRAM? (IF YES, PLEASE DESCRIBE)

No Yes:

HAVE YOU EXPERIENCED ANY OF THE FOLLOWING? (IF YES, PLEASE DESCRIBE)

- Suicidal thoughts or attempts in the past:
- Homicidal thoughts or actions in the past:
- Been in a violent relationship:
- Been the recipient of physical abuse:
- Been the recipient of verbal or emotional abuse:
- Been the recipient of sexual abuse as a child:
- Been the recipient of unwanted sexual advances as an adult:
- Been the witness of a traumatic event:
- Known someone who has committed suicide:

SUBSTANCE ABUSE HISTORY

HAVE YOU EVER USED (CURRENTLY OR IN THE PAST)? (IF YES, PLEASE DESCRIBE)

- Cigarettes:
- Alcohol:
- Marijuana:
- Cocaine:
- Opioids:
- Other street drugs:
- Prescription drugs recreationally:

HAVE YOU EVER WONDERED IF YOU HAVE A PROBLEM WITH DRUGS OR ALCOHOL?

No Yes

HAVE ANYONE SUGGESTED TO YOU THAT YOU MIGHT HAVE A PROBLEM WITH DRUGS OR ALCOHOL?

No Yes

HAVE YOU EVER BEEN FORMALLY TREATED FOR A DRUG OR ALCOHOL PROBLEM? (IF YES, LIST DATES OF TREATMENT)

No Yes:

CURRENT CONCERNS

DESCRIBE YOUR MAIN REASON FOR SEEKING THERAPY AT THIS TIME

HAVE YOU HAD THERAPY IN THE PAST FOR THIS SAME ISSUE?

No Yes

PLEASE CHECK ANY OF THE FOLLOWING SYMPTOMS THAT YOU ARE CURRENTLY EXPERIENCING

<input type="checkbox"/> Anger/Rage	<input type="checkbox"/> Hypersomnia (Too Much Sleep)	<input type="checkbox"/> Nightmares
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Insomnia	<input type="checkbox"/> Obsessive Thoughts
<input type="checkbox"/> Alcohol Use	<input type="checkbox"/> Job Loss	<input type="checkbox"/> Panic Attacks
<input type="checkbox"/> Appetite Changes	<input type="checkbox"/> Legal Issues	<input type="checkbox"/> Physical Symptoms/Discomfort
<input type="checkbox"/> Arguing	<input type="checkbox"/> Loneliness	<input type="checkbox"/> Restlessness
<input type="checkbox"/> Compulsive Behaviors	<input type="checkbox"/> Low Motivation	<input type="checkbox"/> Self-Harming Behaviors
<input type="checkbox"/> Depression/Sadness	<input type="checkbox"/> Low Self Esteem	<input type="checkbox"/> Sexual Dysfunction
<input type="checkbox"/> Distractibility	<input type="checkbox"/> Marital Infidelity	<input type="checkbox"/> Social Withdrawal
<input type="checkbox"/> Fatigue	<input type="checkbox"/> Marital Conflict	<input type="checkbox"/> Stress
<input type="checkbox"/> Financial Problems	<input type="checkbox"/> Mood Swings	<input type="checkbox"/> Suicidal Thoughts/Behaviors

Other:

FOR WOMEN ONLY

GYNECOLOGIST'S NAME

PHONE NUMBER

DATE OF LAST GYN EXAM

NUMBER OF PREGNANCIES

NUMBER OF LIVE BIRTHS

ARE YOU CURRENTLY PREGNANT? (IF YES, HOW MANY WEEKS)

No Yes:

HAVE YOU EVER EXPERIENCED A MISCARRIAGE? (IF YES, LIST DATES)

No Yes:

HAVE YOU EVER HAD A TERMINATION/ ABORTION? (IF YES, LIST DATES)

No Yes:

HAVE YOU EVER HAD A FETAL DEATH IN UTERO? (IF YES, LIST DATES)
<input type="checkbox"/> No <input type="checkbox"/> Yes:
ARE YOU CURRENTLY OR HAVE YOU HAD DIFFICULTY CONCEIVING/INFERTILITY?
<input type="checkbox"/> No <input type="checkbox"/> Yes
DO YOU SUFFER FROM PAINFUL OR HEAVY PERIODS?
<input type="checkbox"/> No <input type="checkbox"/> Yes
DO YOU SUFFER FROM MODERATE TO SEVERE MOOD SWINGS RELATED TO YOUR MENSTRUAL CYCLE?
<input type="checkbox"/> No <input type="checkbox"/> Yes
DO YOU HAVE CONCERNS ABOUT URINARY INCONTINENCE?
<input type="checkbox"/> No <input type="checkbox"/> Yes
DO YOU HAVE CONCERNS ABOUT YOUR SEXUAL FUNCTIONING?
<input type="checkbox"/> No <input type="checkbox"/> Yes

PERSONAL STATEMENT
PLEASE COMMENT ON ANY OTHER DETAILS THAT MAY BE IMPORTANT TO KNOW WHEN WORKING WITH YOU. THIS MAY INCLUDE SEXUAL ORIENTATION, RELIGIOUS CONVICTIONS OR SPIRITUALITY, ETHNICITY, CULTURAL BACKGROUND, SENSITIVITIES, DISABILITIES, OR ANYTHING ELSE IMPORTANT TO YOUR SENSE OF IDENTITY.

I have completed this form and believe the information that I have provided is truthful to the best of my knowledge.

PRINT NAME	SIGNATURE	DATE